

THE RAM REPORT

October 15th, 2023

Upward We Strive

REYNOLDS RAP

As violent conflicts continue to occur in the Middle East, we realize that many of our students, especially those with ties to the region, may be struggling and need to talk about the events. Home is a safe place for these discussions, and I would like to offer parents and guardians a few resources to assist.

[Supporting Youth Affected by the Violence in Israel and Gaza](#): from the National Association of School Psychologists
[Talking to Children About War](#) from the National Child Traumatic Stress Network
[Supporting Young People During Crises](#): from Learning for Justice

Lake Mary High School also has counselors available to serve student needs. Parents are welcome to email school counselors to request support, or students can come to Student Services and ask to meet with a counselor. This week, we are opening back up the Ram Student Lounge during both lunch shifts, and the Lounge will be staffed by a school counselor. Students can also report there to ask to meet with a mental health counselor.

Finally, parents, now that the first quarter is over, students have an opportunity to reflect on their academic performance and set new goals for the second quarter. Not until the end of the 2nd quarter are grades recorded on a transcript, so there is still time for improvement. Go Rams! -Dr. Reynolds

WHAT'S NEW IN RAMNATION

Soccer Tryouts This Week

Soccer tryouts begin this week. Girls soccer tryouts begin on Monday at 5:00pm at the stadium. Boys JV soccer tryouts are being held on Monday at from 2:30pm-4:30pm at the front practice field while the varsity soccer team is holding tryouts at 7:00pm at the stadium. Remember, you cannot tryout unless you have been cleared through athleticclearance.com. Good luck to all those trying out for our amazing soccer programs!

PSAT for Grades 9-11 This Week

PSAT testing will occur on Thursday and Friday for all students in grades 9-11 who do not have testing accommodations. This is the first time the PSAT is being given on computers. Students can find their testing dates and locations in their email inbox. Following is the schedule:

Thursday: All of Grade 9 and 1/2 of Grade 10

Friday: Half of Grade 10 and All of Grade 11

Students will be testing during periods 1-4 and will attend 5th period and eat lunch during their usual lunch period. Students should bring pencils, an approved calculator, and snacks to their testing rooms.

CPR Training This Week

All students in grades 9 and 11 will participate in CPR training on Thursday and Friday, following PSAT testing. **This training is required by state law.**

Thursday: All 9th graders train during 6th and 7th periods in the auditorium

Friday: All 11th graders train during 6th and 7th periods in the auditorium.

Athletics Update

Events for October 2-7

Football

Friday: Varsity Away vs. Apopka. 7:00pm.

Girls Golf

No events this week.

Boys Golf

No events this week.

Cross Country

No events this week.

Girls Volleyball

Monday: Home vs. University OC. District Quarterfinals. 6:00pm.

Tuesday: District Semifinals @ Spruce Creek (with win on Monday). 5:00pm.

Wednesday: District Finals @ Spruce Creek (with win on Tuesday). 7:00pm.

Bowling

Tuesday: Match vs. Lake Howell @ Airport Lanes. 3:30pm.

Swimming

No events this week.

Announcements

Congratulations to the boys and girls golf teams for winning the Seminole Athletic Conference Championship. The girls golf team won by shooting a massive 81 strokes ahead of the 2nd place team. Junior Lauryn Finley won the individual championship honors. In a much tighter match, the boys won the championship by five strokes. Both teams begin their post-seasons with the district championship on Monday, October 23rd. Go Rams!

Congratulations to Junior Mallory Baker for winning the 100 year breaststroke at the Seminole Athletic Conference Championships last week. Both swim teams will compete in the District Championship Swim Meet at Spruce Creek on Saturday, October 28th.

The girls volleyball team will begin its postseason play on Monday night at home. The girls will host Orange City University at 6:00pm in the gym. Come out and support the girls. Go Rams!

Clubs & Activities

Fellowship of Christian Athletes: Come join Fellowship of Christian Athletes for our Monday morning "Coffee & Donut Devotion" in room 1-112A! Start your week with some sweets, caffeine, and a motivational message!

Student Open Forum: The next Be the Change Student Open Forum will be held Tuesday, October 17th @ 2:30 in the GPR. The theme is "Culture Clubs". Join us as we explore the many different cultures at LMHS. Get to know the clubs we have on campus whose purpose it is to celebrate and educate both culture and inclusivity. Pizza and community service will be provided.

Spanish Honor Society: Reminder: Spanish Honor Society members will be having their monthly meeting on Thursday, October 19th at 2:30 pm in room 1-243. Any questions email or see Professora Fletcher. Hasta pronto.

Music Appreciation Club: The Music Appreciation Club is holding an interest meeting on October 18th. Please come to Mrs. Taylor's room 1134 after school if you are interested in joining. You must submit a permission form to attend. The QR code for permission slips is posted outside of room 1134.

LMHS Haunted House: Lake Mary High School is having its annual haunted house on October 25th from 6-9 pm. Pumpkin hour for the littles is from 6-7 pm. The entry fee is five dollars and there is no re-entry. We hope to see you all there!

Sway Dance: Attention Rams! Do you love to dance and want to perform? Come join Sway Dance team! No experience necessary. Anyone is welcome, boys and girls. Join us on Tuesdays & Thursdays from 2:30 to 4pm in room 1-159. We hope to see you there!

School Safety Survey Coming in November: Beginning October 30th, students in grades 4-12 will have the opportunity to take part in the SCPS Safety Survey. Your student's input/comments are important. Participation in the surveys provides valuable information on our school and helps to guide school improvement. Participant identities and survey responses are completely anonymous and will never be connected to your student. The SCPS Safety survey will be administered online. To preview the questions that students will respond to click [here](#).

Student Information

Senior Quotes! Seniors, now is your opportunity to submit your Senior Quote! Please visit the Senior eCampus page for a guideline explanation and the submission link. The last day to submit your Senior Quote is October 31st.

Senior Ads: Parents of seniors can also reserve a Senior Dedication/Ad space by visiting www.yearbookordercenter.com and use the job code: 21630. This is a great way to tell that special senior in your life how proud you are of them! Senior Dedications/Ads can be reserved until November 17th. Don't delay, as space is limited.

Yearbooks on Sale: Now is the time to reserve your student's copy of the 2024 Chrysomallus Yearbook. The price is \$75.00 but will raise as the year progresses. Act now to ensure you get your copy of this 2x sold out Yearbook! To order, visit www.yearbookordercenter.com and use the job code: 21630.

Senior Portraits: It's not too late to get your senior's portrait taken and get them into our 2024 Senior Section of this year's Chrysomallus Yearbook. CADY Studios is accepting appointments for Senior Portraits from now until November 12th. Once November 12th passes, no further senior portraits will be included in this year's book, so be sure to book your senior's appointment now. [CLICK HERE](#) to schedule.

Appointments with School Counselors

For students to make an appointment with their counselor, please go to LMHS website, select student services> Counselor and appointments. From there, you will see the student booking appointment link. For parent appointments please reach out to Mrs. Maupin at 407-320-9548. Students, if you need to speak to your School Counselor, please do not hesitate to come to the Student Services Office for assistance.

Community Service Volunteer Hours

We encourage students desiring to qualify for the Bright Futures Scholarship to complete and turn in your volunteer hours. Students can obtain SCPS Volunteer Guidelines in the student services office.

After School Tutoring

Face-to-Face tutoring is offered every Tuesday and Thursday in the Media Center from 2:45 - 4:15. Tutoring is available for most academic subjects, homework help, including Plato and SAT tutoring. Students must submit a registration form to attend

Student Services

Save the Dates

October 18-Dual Enrollment Info Session @ SSC
November 6-10: College & Career Week at LMHS
November 10: Decision Day @SSC

Upcoming College Visits

Students if you are interested in gathering information about colleges and speaking to a College Representative mark your calendar. Sign-up available in the Student Services Office.

Monday, October 23 – **University of Alabama** on LMHS Campus

Friday, November 10 – **Seminole State College of Florida** @SSC. Permission forms due by Nov. 3rd.

Decision Day at SSC

Decision Day at Seminole State College will be held on Friday, November 10. Spend the day with your friends and learn everything you need to know about Seminole State. Transportation and lunch will be provided. Sign up to attend at seminolestate.edu/decisionday. Permission slips are due to LMHS Student Services by Friday, Nov 3rd.

Virtual Courses

All SCVS/FLVS classes must be completed by the deadline provided by your online teacher. Make sure you stay on task with the modules in your course. All students enrolled in a virtual course must complete the virtual contract and return it to your school counselor.

Letters of Recommendation

Seniors as you are starting to apply to college, requests for letters will come to your school counselor. Be sure to complete the "Counselor Letter of Recommendation" form located in the Student Services Office or on our school website. You may email this directly to your counselor or give it to Mrs. Maupin in Student Services to submit to your counselor. Please allow 2 weeks before you return to pick up your letter.

SSC Dual Enrollment

Do You Have Questions About Dual Enrollment or are you looking to learn more about the program? SSC will be hosting Information Sessions that will provide you with the information needed to participate. Each session will last approximately one hour and will include a time for questions and answers. The next information session is scheduled for Oct. 18. Visit the website for additional info: <https://www.seminolestate.edu/dual-enrollment>

Testing Update

Save the Date

The **ACT** will be given to all 11th grade students on Tuesday, October 31 and Tuesday, March 26 during the school day. (This will be paper based testing.)

The **SAT** will be given to all 11th grade students in March, 2024 during the school day. This will be computer based and specific testing dates will be set closer to the time.

Students don't need to register for these assessments and there will be no charge.

PSAT/NMSQT

The digital PSAT/NMSQT will be given to all 9th-11th grade students in October.

All 9th grade regular testing time students will test on Thursday, October 19. Half of 10th grade regular testing students will test on Thursday, October 19 and half will test on Friday, October 20. All 11th grade regular testing time students will test on Friday, October 20. Testing will begin at 7:20am and will be completed by 11:00am.

Any students who have been approved by College Board for accommodations will test on another date within the testing window (October 17-October 27). Specific information will be sent soon.

All students in the testing area will be required to power off their electronic devices because of the bandwidth needed for the digital PSAT testing. This should be from approximately 7:25am until 11:00am. If you need to contact your student during that timeframe, please call the Attendance Office at 407-320-9553.

For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. For sophomores and freshmen, PSAT scores are used to qualify for registration in some Advanced Placement courses. PSAT Math concordant score of 430 will meet the Algebra 1 EOC math testing graduation requirement.

Students should bring pencils, a calculator (can be used on all math sections), and snacks. Calculators will not be provided. Students will be tested on school computers. The PSAT Calculator Policy is attached.

To find out more about the digital PSAT and to take a practice test, go to psat.org/digital

Testing Update

National SAT/ACT Testing Dates

Students can register through College Board (www.collegeboard.com) and ACT (www.act.org) to take these tests on a Sat. National Testing Date.

SAT - November 4, December 2, March 9, May 4, and June 1

ACT - October 28, December 9, February 10, April 13, June 8, July 13

Algebra 2 Tutoring

Is your child having trouble in Algebra 2? Here is a schedule of tutoring sessions available for our students.

	Monday	Tuesday	Wednesday	Thursday	Friday
Devor	6:45-7:15 Afternoon by appointment	6:45-7:15 Afternoon by appointment	6:45-7:15 Afternoon by appointment	6:45-7:15 Afternoon by appointment	6:45-7:15 Afternoon by appointment
Donnelly	Mornings by appointment	Mornings by appointment	Mornings by appointment	Mornings by appointment	Mornings by appointment
Johnson	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment
McCain	Mornings 6:45-7:15 Or by appointment	Mornings 6:45-7:15 After school 2:30-3:15 Or by appointment	Mornings 6:45-7:15 Or by appointment	Mornings 6:45-7:15 Or by appointment	Mornings 6:45-7:15 Or by appointment
Rassel	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment	Mornings and afternoons by appointment

2023 FALL IN-PERSON

NACAC National College Fair – Orlando

Sunday, October 22

1 p.m.–4 p.m.

Orange County Convention Center (Orlando, FL)

NACAC

National College Fairs



REGISTER NOW!
nacacattend.org/fairs